

Life at University: Extra-Curricular Activities

When you go to university, there are lots of opportunities to get involved with different clubs, societies, and sports teams. These clubs don't have to be about what you're studying, and often help you meet new people with the same hobbies or interests as you.

This worksheet will give you the opportunity to explore and learn about extra-curricular activities at university, as well as the chance to design your own dream club!

Activity One

Write down any interests or hobbies you might have. These can be things you like to learn about in school or can be the activities you do outside of school.

My hobbies and interests are:

1.

2.

3.

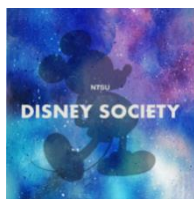
Activity Two

There are over 120 different clubs you can join and about 50 different sports you can play at NTU. Take a look through some of the societies below, and visit <https://www.ntu.ac.uk/sport/get-involved/sports-clubs> for more about sports clubs.

Write down three clubs, societies, or sports teams you would like to join, and think about what sort of activities these clubs might include.



NTU Islamic Society



Disney Society



History Society



NTU Make-up Society



NTU Rock Society



Pokemon Society



NTU Bhangra Society



Hula Hooping Society



Hindu Society



NTU Christian Union Society



Vegetarian Society



Trent Cheese Society

The three clubs, societies, or teams I would join are:

1.

2.

3.

Activity Three

Now that you have seen the range of sports and societies available at university, create and design your own club! You can make this about any of the hobbies or interests you have, or this can be totally new – societies can be a great place to develop new interests, as well as carrying on with what you already enjoy.

My dream society or sports team is called:

What events or activities will there be?

What equipment or facilities will I need for these activities?

Will there be opportunities to go on trips with the club?